



Register Today for Wellness and Mental Health in the Municipal Workplace Symposium

Wednesday, May 29, 2019. 8:30 am - 4:30 pm
Holiday Inn Toronto International Airport, 970 Dixon Rd, Toronto

Are you a member of council or senior staff interested in promoting mental health and wellness in your workplace? Would you like to grow your network of peers & learn about best practices in workplace prevention and health promotion? If so, plan to attend AMO's Symposium on May 29th. Space is limited, so register today!

Topics include:

- Discuss strategies to address stigma around mental health & improve culture in the municipal workplace
- What municipal employers need to know about their workplaces
- Hear about best practices in managing Post-Traumatic Stress Disorder from an emergency services perspective (EMS, Fire, & Police)
- Learn about municipal Mental Health Wellness Plans and how you can adapt yours
- And more

Guest Room Bookings

Holiday Inn Toronto International Airport
970 Dixon Road.

A block of rooms is available at the hotel
for \$149 per night plus taxes.

To book your room please call
416.675.7611 and request rooms under
'AMO Municipal Mental Health Day'.

Booking Website:

Alternatively, you can **book rooms online**
by clicking here or visiting:
<https://book.passkey.com/e/49887089>
Reservations at this rate are available
until the block is sold out.

How to Participate:

- In-person attendance is encouraged (breakfast & lunch are included)
- A webcast of the session has been arranged exclusively for participants
in northern and remote communities.

Cost to participate: \$275 + HST

Full Agenda Coming Soon!



Wellness and Mental Health in the Municipal Workplace Registration Form

May 29, 2019. 8:30 am - 4:30 pm

Holiday Inn Toronto International Airport, 970 Dixon Rd, Toronto

Name

Municipality

Title

Mailing Address

Province

Postal Code

Primary Telephone

E-mail Address

Registration Fees:

In-person Full day: \$275 + HST Registration includes: breakfast and lunch.

Webcast Full day: \$275 + HST

Note: Participation via web cast is reserved exclusively for those in northern and remote Ontario

Please let us know if you have any accessibility or dietary needs:

Please send completed forms to:

Fax: 416.971.9372

E-mail: events@amo.on.ca

Mail: Attn: AMO Events: 200 University Avenue, Suite 801, Toronto, ON., M5H 3C6

Cancellation Policy:

All refund requests must be submitted in writing to events@amo.on.ca before **April 15, 2019**, for a full refund, less an \$85 plus HST (\$96.05) processing fee. No refunds will be given after April 25, 2019

Substitution Policy:

Delegates may substitute in their place another delegate at any time, including on-site.

Payment Information

MasterCard

Visa

Invoice Me (option only available to Member municipalities)

Credit Card #

Cheque enclosed (please make cheque payable to Association of Municipalities of Ontario)

Expiry Date

Signature

Name on Card

By completing this registration form you are providing AMO with consent to send information on all activities related to current and future courses on the topic of Mental Health. If you wish to no longer receive information from AMO please contact events@amo.on.ca to unsubscribe.

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