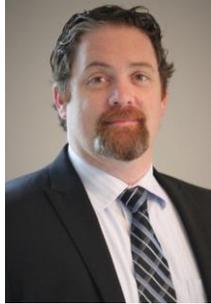


## Speakers for AMO's Wellness & Mental Health in the Municipal Workplace Symposium



The Association of Municipalities of Ontario (AMO) is excited to be presenting its first Wellness & Mental Health in the Municipal Workplace Symposium. We are pleased to have the following speakers join us in this event.

Speaker Name	Bio
<p data-bbox="191 459 529 541"><b>Dr. Katy Kamkar, Ph.D., C. Psych., The Centre for Addiction and Mental Health</b></p> 	<p data-bbox="553 470 1406 701">Dr. Katy Kamkar, Ph.D., C. Psych., is a Clinical Psychologist at the Centre for Addiction and Mental Health (CAMH). She also serves as a Director at the Badge of Life Canada (BOLC), and Operation Lifesaver Canada, and is the Provincial Mental Health Advisor to St. John Ambulance Ontario's Council. Dr. Kamkar has been awarded the status of Fellow of the Collaborative Centre for Justice and Safety (CCJS) for strategic leadership at the board level of the University of Regina's research institute for her significant contributions to the wide range of innovative mental health programs that support Public Safety Personnel.</p> <p data-bbox="553 737 1370 909">Dr. Kamkar has made over 200 Media Appearances and has written close to 100 mental health articles/blogs for various comprehensive public resources and has provided numerous Public Relations / TV Media Work, including launching mental health series, being a former Health Blogger for CTV Health News and CP24 and currently a Mental Health Blogger for CAMH, Thomson Reuters Canadian Occupational Safety and other public resources.</p> <p data-bbox="553 942 1373 1026">Dr. Kamkar was also the Medical Practitioner for the Invictus Games Toronto 2017 and closely worked with Service Members/Veterans during the Invictus Games launched by Prince Harry.</p>
<p data-bbox="191 1052 477 1104"><b>Kathryn L. Meehan, Partner, Hicks Morley</b></p> 	<p data-bbox="553 1062 1409 1293">Kathryn Meehan is an employment and labour lawyer at Hicks Morley's Waterloo office. She represents clients before the courts and administrative tribunals, including the Human Rights Tribunal of Ontario, the Workplace Safety and Insurance Appeals Tribunal and the Ontario Labour Relations Board. Kathryn practises in all areas of labour and employment law, advising a wide variety of public and private sector employers. She also works with clients to ensure best practices, delivers training and provides advice on a pro-active basis before it becomes necessary to exercise her advocacy skills.</p> <p data-bbox="553 1327 1375 1499">Kathryn graduated as the gold medalist from the LL.B program at the University of Western Ontario and subsequently obtained her LL.M. from the University of Cambridge, England. She is a frequent speaker on human resources law related topics. She has been a part-time faculty member at Fanshawe College, Conestoga College and the University of Waterloo in the Human Resources Management programs.</p>
<p data-bbox="191 1522 496 1575"><b>Ron Kelusky, Chief Prevention Officer, Ministry of Labour</b></p> 	<p data-bbox="553 1535 1378 1619">Ron Kelusky is Ontario's new Chief Prevention Officer (CPO). The CPO oversees the Prevention Office within the Ministry of Labour, and has a wide range of responsibilities, including:</p> <ul data-bbox="602 1640 1373 1845" style="list-style-type: none"> <li>• Working with Ontario's health and safety system partners to prevent workplace injuries, illnesses and fatalities</li> <li>• Reporting to the Minister of Labour on the performance of Ontario's occupational health and safety system through an Annual Report</li> <li>• Setting province-wide training and safety programs standards</li> <li>• The establishment and implementation of a new provincial occupational health and safety strategy</li> </ul> <p data-bbox="553 1864 1408 1948">Prior to his appointment as CPO, Ron was President and CEO of Public Services Health and Safety Association. Prior to that, Ron held senior positions within the private and not for profit sectors and in municipal government.</p>

Speaker Name	Bio
<p data-bbox="191 69 521 149">Dr. Lisa Couperthwaite, Ph.D., C. Psych, Workplace Safety &amp; Insurance Board</p> 	<p data-bbox="553 86 1406 254">Dr. Lisa Couperthwaite is a Clinical Psychologist who recently joined the Workplace Safety and Insurance Board of Ontario as Professional Practice Leader for Psychology. In this role, she provides leadership and subject matter expertise related to mental health occupational disability, including consultation, education and training in support of the recovery of people who have experienced mental health injuries at work.</p> <p data-bbox="553 296 1406 485">Dr. Couperthwaite also works in private practice and has special interest in proactive, strengths-based interventions for psychological resilience and working with people who have experienced various forms of trauma. Through her previous work as Staff Psychologist at the Work, Stress &amp; Health Program at the Centre for Addiction and Mental Health, she has extensive experience providing evidence-based psychological assessment, treatment and work rehabilitation services to adults experiencing various types of occupational-related mental health issues.</p>
<p data-bbox="191 516 496 653">Joanne Gordon, Director of Service Delivery – Workplace Health &amp; Safety Services, Workplace Safety &amp; Insurance Board</p> 	<p data-bbox="553 527 1382 695">Joanne Gordon provides strategic leadership to WSIB’s voluntary health and safety incentive programs that will lead to healthier and safer workplaces in Ontario. She has over 15 years’ experience at WSIB in health and safety and disability management. Previously, Joanne managed the Small Business Health &amp; Safety Program, and spearheaded the development and implementation of WSIB’s new Small Business Health &amp; Safety Leadership Award in 2017.</p> <p data-bbox="553 737 1382 852">Joanne Gordon acquired private sector experience as the Manager for Disability Management at The Beer Store / Brewers Distributed Ltd. Joanne built and implemented a centralized disability management practice for 6,000 unionized and 850 non-unionized employees, in 5 provinces covered by 8 collective agreements.</p> <p data-bbox="553 884 1406 936">Joanne has a strong reputation in building collaborative partnerships and her passion is to make a difference in health and safety in Ontario.</p>
<p data-bbox="191 999 505 1052">Jon Pegg, Fire Marshal &amp; Chief, Emergency Management</p> 	<p data-bbox="553 1010 1390 1094">Jon joined the Office of the Fire Marshal and Emergency Management (OFMEM) in July 2018 as Chief, Emergency Management and in February 2019 was appointed as Ontario’s Fire Marshal.</p> <p data-bbox="553 1136 1406 1272">Prior to OFMEM, Jon worked for the Town of Innisfil, where he was Fire Chief and Community Emergency Management Coordinator. His career in fire services spanned more than 20 years, starting as a volunteer firefighter in Keswick with Georgina Fire Services. He later worked with Richmond Hill Fire Services (Fire Captain), Innisfil Fire (Deputy Chief) and Georgina Fire Services (Deputy Fire Chief).</p> <p data-bbox="553 1304 1406 1451">Jon has a degree in Leadership and Administration from Dalhousie University, as well as leadership diplomas and certificates from Mohawk College and Seneca College. He is a recipient of the Excellence in Leadership and Health Safety Award from the Town of Innisfil, and in 2018 received a Fire Service Exemplary Service Award from the Province of Ontario.</p>
<p data-bbox="191 1472 505 1545">Sobi Rangunathan, Compliance Partner, 4S Consulting Services Inc.</p> 	<p data-bbox="553 1482 1406 1661">Sobi is a dedicated Occupational Health and Safety Professional with more than 18 years’ experience in creating sustainable OHS programs for Canadian workplaces. B.Sc Occupational Health &amp; Safety, Sobi focuses on helping 4S customers in creating a strong workplace safety culture. She specializes in auditing, consulting, and implementing safety programs for large and small clients in construction, industrial, pharmaceutical, municipal government, and healthcare.</p> <p data-bbox="553 1692 1390 1944">She has set up an OHS program for more than 500 companies and conducted more than 700 audits for large multinationals, local governments, and large &amp; small companies across Canada in all sectors. She is a sought after Speaker on OHS issues for the Business Development Bank of Canada (BDC), Greater Toronto Airport Authority, IDCA, chambers of commerce across Ontario, the Toronto Construction Association, and the Ontario General Construction Association. Sobi is also recognized as an External OHS Auditor for the Infrastructure Health &amp; Safety Association (IHSA) of Ontario. In addition to that, Sobi is an OHSAS 18001 Lead Auditor who also specializes in conducting the WSIB Workwell Audit.</p>

Speaker Name	Bio
<p data-bbox="191 69 524 153"><b>Agnes McLachlan, Wellness &amp; Abilities Management Specialist, City of Barrie</b></p> 	<p data-bbox="553 86 1406 285">Agnes McLachlan is a Wellness and Abilities Management Specialist working for the City of Barrie. Agnes has worked at Sick Kids as a Registered Nurse in Emergency and transitioned to Occupational Health in the private sector and now at the City of Barrie. Agnes has been working on development and implementation of high-impact health and wellness programs across all shifts including peer support and critical incident stress management, early intervention supports and supportive return to work programs.</p> <p data-bbox="553 321 1406 405">Nominated and named one of Diversity Canada 2018 Innovators in Mental Health &amp; Safety, Agnes is passionate about workplace accommodation and workplace wellness strategies.</p>
<p data-bbox="191 457 524 516"><b>Kevin McNab, Director of Paramedic Services, Grey County</b></p> 	<p data-bbox="553 474 1406 674">Kevin was appointed to the position of Director of Paramedic Services for Grey County in July 2017. Mr. McNab started his career as a primary care paramedic in Durham in 1992 and he returned to Grey County in 2004 to fill the operations manager position. Kevin is trained as a primary care paramedic, advanced care paramedic and a community paramedic. In 2015, Kevin received the Medical Director's Award of Excellence from London Health Science Services. In 2016 he was a recipient of the Governor General's Exemplary Service Medal.</p>
<p data-bbox="191 835 496 919"><b>Louise Ann Riddell, Senior Manager, Healthy Workplace, City of Mississauga</b></p> 	<p data-bbox="553 852 1406 1052">Louise Ann Riddell is the Senior Manager of Healthy Workplace for the City of Mississauga, responsible for Corporate Health and Safety, Employee Health Services, Disability Management and Employee &amp; Labour Relations. LA is the Past President of the Ontario Municipal Human Resources Association. Louise Ann received an Honours Bachelor of Environmental Studies in Urban and Regional Planning from the University of Waterloo and holds a Masters of Public Administration from Carleton University. LA has worked in HR since the old days when HR was called "Personnel".</p>
<p data-bbox="191 1260 496 1318"><b>Tim Beckett, Fire Chief, City of Mississauga</b></p> 	<p data-bbox="553 1276 1349 1360">Tim Beckett is Fire Chief and Director of Emergency Management for the City of Mississauga Fire &amp; Emergency Service where he manages the over all strategic, financial and day to day operations of the service.</p> <p data-bbox="553 1398 1390 1514">In total Tim has 33 years of fire service experience. He spent time in various roles in the Town of Markham, City of Vaughan and Town of Whitchurch- Stouffville. Tim was the Fire Chief in the City of Kitchener prior to taking the Fire Chiefs position in Mississauga in 2014.</p>
<p data-bbox="191 1648 529 1732"><b>Brittany Dunlop, Lead, Wellness &amp; Benefits, Regional Municipality of York</b></p> 	<p data-bbox="553 1669 1390 2039">Brittany Dunlop holds her Master of Science specializing in Health Education from Ball State University as well as a Bachelor of Science and a Bachelor of Physical &amp; Health Education from Queen's University. She is the Lead of Wellness &amp; Benefits at the Regional Municipality of York. Brittany is responsible for providing wellness expertise to the organization through strategic planning, analysis, development, management and evaluation of Corporate Wellness Programs that support Healthy Lifestyle Practices for Regional employees. Over the course of her 12 years at the Region she has developed and implemented an award winning program which is based on best practices. Brittany is passionate about improving the health and well-being of Canadians. She is a strong believer that comprehensive organizational health and wellness programs can inspire people to lead healthier, happier lives. Outside of work, Brittany is mastering her mini sticks skills and lego building talent with her two young boys.</p>

Speaker Name	Bio
<p data-bbox="191 69 508 128">Dr. Charles Gardner, MD, CCFP, MHS, FRCPC</p> 	<p data-bbox="553 86 1382 201">Dr. Gardner has been the Medical Officer of Health (MOH) for the Simcoe Muskoka Health Unit since 2005, after having served as MOH with the Leeds, Grenville and Lanark District Health Unit for seven years. Prior to that, he worked in general medical practice in Newfoundland, New Brunswick, and Zimbabwe.</p> <p data-bbox="553 233 1393 378">In the past Dr. Gardner has been the chair of the Council of Ontario Medical Officers of Health, president of the Association for Local Public Health Agencies, president of the Ontario Council for Community Health Accreditation, member of the Ontario Public Health Leadership Council, and co-chair of the Healthy Environments Both Natural and Built Table for the Ontario Public Health Sector Strategic Plan.</p> <p data-bbox="553 411 1390 527">Most recently Dr. Gardner was a member of the Ontario Tobacco Control System Committee and of the Modernization of the Smoke Free Ontario Strategy Executive Steering Committee, and is a member of the Smoke-Free Ontario Scientific Advisory Group and of the Ontario Tobacco Research Network.</p> <p data-bbox="553 560 1333 617">Dr. Gardner is active personally and professionally on the promotion of health through green, compact, complete, walkable and cycleable communities.</p>
<p data-bbox="191 634 521 779">Mark Berney, Fire Chief/Director Municipality of Scugog Fire &amp; Emergency Services, &amp; Board of Director, Ontario Association of Fire Chiefs</p> 	<p data-bbox="553 651 1247 678">Mark Berney, life long civil servant with over 35 years in Fire Services.</p> <p data-bbox="553 711 1403 911">Mark began his career in Clarington as a volunteer firefighter in 1985, became a career firefighter in 1988. After 16 years of responding, Mark became the department's first training officer in 2001 and was promoted to Deputy Fire Chief in 2005. Mark joined the Township of Scugog as Deputy Fire Chief in 2016, and was named Fire Chief/Director of Emergency Services for Scugog Fire &amp; Emergency Services in 2017. Mark has been instrumental in modernizing Scugog's fire protection service model.</p> <p data-bbox="553 945 1377 1031">In 2014, Mark was named to Ontario Association of Fire Chiefs Board of Directors. Today as Vice President Mark's OAF work has primarily focused on PTSD complex claims.</p> <p data-bbox="553 1064 1390 1150">Mark is a Road to Mental Readiness (R2MR) Master Trainer/Facilitator, Department of National Defense (DND) and The Working Mind First Responders trainer, Mental Health Commission of Canada (MHCC)</p>
<p data-bbox="191 1169 488 1226">Bryan Larkin, Chief, Waterloo Regional Police Service</p> 	<p data-bbox="553 1184 1338 1241">Bryan was appointed as the 7th Chief of Police of the Waterloo Regional Police Service on August 31, 2014 by the Waterloo Regional Police Services Board.</p> <p data-bbox="553 1274 1398 1453">Bryan began his policing career in 1991 as a member of the Waterloo Regional Police Service, working as a front-line Constable assigned to Division #1 in Kitchener. Over the course of his career, Bryan has held a number of progressively responsible positions including; Community and Media Relations, Special Assignments, Traffic Services, Human Resources, Recruiting, Media Officer, Executive Officer to the Chief of Police, and Superintendent of Central Division.</p> <p data-bbox="553 1486 1393 1602">He serves the Ontario Association of Chiefs of Police as Past President as well as represents the OACP on the Ontario Police Memorial Foundation and is the Co-Chair of the Provincial Police Joint Health and Safety Committee. Bryan also serves as the co-chair on the CACP Drug Advisory Committee.</p>

Speaker Name	Bio
<p data-bbox="191 69 529 149">Michael Sanderson, Chief, Hamilton Paramedic Service, City of Hamilton</p> 	<p data-bbox="553 86 1386 226">Michael Sanderson has served the public in his chosen profession for more than 46 years with his most current leadership role as Chief of the Hamilton Paramedic Service. An internationally recognized Paramedic Service executive his experiences range from front line practitioner, educator, manager, to senior executive in both Ontario and British Columbia.</p> <p data-bbox="553 264 1406 375">From 2004 through 2010 he had overall responsibility for the planning and successful implementation of all ambulance service delivery for the Vancouver 2010 Winter Olympic and Paralympic Games. He is passionate about the creation of high reliability organizations including the implementation of just culture principles.</p> <p data-bbox="553 413 1395 554">Michael is a member of the International Association of EMS Chiefs, the Paramedic Chiefs of Canada, the National Association of Emergency Physicians, and the Ontario Association of Paramedic Chiefs. He has served on boards of directors of local, provincial, and national agencies including the EMS Chiefs of Canada where he co-authored the national white paper on the future of EMS in Canada.</p> <p data-bbox="553 592 1401 672">Michael is an honours graduate from the Humber College Paramedic program, holds a Bachelor of Arts (Sociology) degree from Wilfrid Laurier University and a Masters in Health Sciences (Health Administration) from the University of Toronto.</p>
<p data-bbox="191 695 526 806">Kim Slade, Director Emerging Markets and Commercialization, Public Services Health and Safety Association</p> 	<p data-bbox="553 709 1382 968">Kim has over 15 years of health and safety experience specifically leading training, research and knowledge mobilization (Kmb) for two companies which has included establishing and implementing practices for innovation and Kmb. As the lead of PSHSA's Emerging Markets and Commercialization focus, Kim engages with researchers to bring best and promising practices to the workplace to support the prevention of injury and illness. In this role, Kim has supported over 140 research projects across a broad spectrum of topics including mental health, violence, evaluation of prevention initiatives and utilization of technology solutions such as virtual reality for high hazard training, 26% of these projects have been funded.</p> <p data-bbox="553 1005 1406 1230">Kim's training and background in instructional systems design and collaborative product development practices facilitate a user-centred approach to research, design, development and mobilization activities. Kim is an expert facilitator whose skills have been applied within and outside the research context. Kim currently sits on PSHSA's executive team as well as various CSA technical and strategic steering committees include the role of Chair for CSAs Public Safety Strategic Steering Committee. Finally, Ms. Slade has received specific training in evaluation strategies and has experience developing program logic models.</p>

Thank you to WSIB and 4S for their sponsorship.



Thank you to all of you for attending and sharing your knowledge and insight. AMO is working with a number of partners to produce additional learning and growth opportunities. An evaluation form will be e-mailed to you shortly. Please let us know your thoughts on this event and how we can build a better Symposium in the future.